



November Mini Meals 2023



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
				1 AM Cereal & 1% Milk		2 AM Pretzels, Cheese & Water		3 AM Waffles & 1% Milk	
				PM Veggies, Dip & Water		PM Yogurt, Fruit & Water		PM Cereal & 1% Milk	
6 AM Cereal & 1% Milk		7 AM Cheddar Goldfish Crackers & 1% Milk		8 AM Crackers, Cheese & Water		9 AM Toast, Jelly & 1% Milk		10 AM Goldfish Grahams & 1% Milk	
PM Apples, Soy Butter & 1% Milk		PM Pretzels, Soy Butter & 1% Milk		PM Bagels, Cream Cheese & 1% Milk		PM Cereal & 1% Milk		PM Veggies, Dip & 1% Milk	
13 AM Yogurt, Fruit & Water		14 AM Cereal & 1% Milk		15 AM Waffles & 1% Milk		16 AM Crackers, Cheese & Water		17 AM Veggies with Dip & 1% Milk	
PM Cheddar Goldfish Crackers & 1% Milk		PM Veggies with Dip & Water		PM Cereal & 1% Milk		PM Trail Mix & Water		PM Pretzels, Soy Butter & 1% Milk	
20 AM Pretzels & 1% Milk		21 AM Oranges, Veggie Straws & 1% Milk		22 AM Yogurt, Fruit & Water		Happy Thanksgiving! Closed  			
PM Veggies with Dip & 1% Milk		PM Waffles & 1% Milk		PM Grahams, Soy Butter & 1% Milk					
27 AM Yogurt, Grahams & 1% Milk		28 AM Cereal & 1% Milk		29 AM Goldfish Grahams & 1% Milk		30 AM Cereal & 1% Milk			
PM Cereal & 1% Milk		PM Cheddar Goldfish Crackers & 1% Milk		PM Trail Mix & 1% Milk		PM Veggies with Dip & 1% Milk			