

COVID-19 GUIDANCE

The guidance that follows reflects [current CDC recommendations](#) to reduce COVID-19 transmission on our campus. The CDC places an emphasis on personal responsibility to minimize transmission and reduce the likelihood of serious illness if infected.

Stay home if experiencing [symptoms](#) associated with COVID-19 and test to confirm if you have COVID-19.

- Notify your instructor/supervisor of your absence in a timely manner and in accordance with class/department procedures.
- Free tests continue to be available from the federal government and shipped via USPS: www.covid.gov/tests.

Follow [CDC guidelines for isolation](#) if testing positive for COVID-19:

- Stay home for at least 5 days and isolate from others in your home. You are likely most infectious during these first 5 days. Wear a high-quality mask when you must be around others at home and in public.
- If after 5 days you are fever-free for 24 hours without the use of medication, and your symptoms are improving, or you never had symptoms, you may end isolation after day 5 and return to work or school.
- Regardless of when you end isolation, avoid being around people who are more likely to get very sick from COVID-19 until at least day 11.
- Wear a high-quality mask through day 10.

Know what to do if you were in close contact with someone diagnosed with COVID-19:

- [Wear a mask](#) for 10 days and [get tested](#) on day 5 post-exposure.
- While we are not mandating masks be worn at this time*, you may choose to wear a mask as an additional precaution to protect yourself and others.
- If you are at [high risk for severe illness](#), consider wearing a mask indoors in public and taking [additional precautions](#).
- *The college reserves the right to require masks be worn at any time there is a substantial risk to the health and safety of our campus community. Notification of a mask mandate will be via myLakeland announcement, e-mail, and posted signage. The college reserves the right to mandate that the students and employees of particular academic programs (e.g., nursing) and extracurricular cohorts (e.g., sports teams) wear masks when it is deemed to be in the best interest of the health and safety of the participants. When masks are mandated, wear a type of mask and in the manner recommended by the CDC (link above). If unable to wear a face mask due to a health condition, please contact Cathy Bush (440-525-7112) or Michael Fisher (440-525-7788).

Stay up to date with COVID-19 vaccines including boosters.

- Not sure where to get your initial vaccine or booster? Check out www.vaccines.gov.

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