



COVID-19 Training for Students

We're In This Together, Lakers!

Updated: August 12, 2020

Lakeland
COMMUNITY COLLEGE



About COVID-19

- COVID-19, caused by infection with a new coronavirus, is a respiratory disease that spreads from person to person through close contact. In some cases, COVID-19 can be fatal.
- There is currently no vaccine to prevent COVID-19.
- **The best way to prevent illness is to avoid being exposed to this virus.**
- COVID-19 is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
 - These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
- COVID-19 may be spread by people who are not showing symptoms.

Lakeland's COVID-19 Response

- Lakeland is closely monitoring the COVID-19 pandemic, with the safety and well-being of our students, employees and campus community as our top priority.
- The college's guiding principles are to:
 - Follow guidance from federal, state and local health experts (Lakeland Smart)
 - Accept social responsibility for the safety of ourselves and others (Lakeland Safe)
 - Adapt to change with empathy and creativity (Lakeland Strong)
- While it is impossible to guarantee an environment without COVID-19, following the protocols in this training will help prevent the spread of COVID-19 on campus.
- These protocols may be revised based on future guidance.

Before Coming to Campus

- Take your temperature daily. Avoid coming to campus, or leave immediately if already on campus, if you have:
 - A fever of greater than 100.4 degrees or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - Been diagnosed with COVID-19 or advised by a healthcare provider to self-isolate because I am experiencing COVID-19-like symptoms
 - Been in close contact with an individual diagnosed with COVID-19 and failed to use the proper personal protective equipment in their presence

Wear a Face Covering

- All students, employees and visitors are required to wear a face covering, preferably a cloth mask, covering your nose and mouth.
- Masks must be worn before entering college buildings, and for the duration of time that you are on campus in common areas, hallways, classrooms, restrooms, study areas, or in the presence of others (Exception: Masks may be removed while consuming food and drinks in designed areas only.)
- Wear face coverings outdoors when physical distancing isn't possible.
- If you forget your mask, limited quantities of disposable, single-use masks are available at designated entrances.
- If you are unable to wear a cloth face mask due to a health condition, contact Cathy Bush, Chief of Staff and Senior Vice President for Institutional Development and Effectiveness, prior to coming into college buildings at 440-525-7112 or cbush@lakelandcc.edu.



Temperature Check Stations

- All students, employees and visitors coming on campus must undergo a fast, contactless temperature check at the building entrances.
- There will be a Temperature Check Station just inside the permitted entrances.
 - A Lakeland team member will be there to assist you.
 - Keep your mask on.
 - Follow social distancing signs while waiting.
- A temperature scan tablet will take your skin (forehead) temperature.
- If your temperature is greater than 100.4 degrees, you will be asked to leave campus and be provided with additional information.
- To protect your privacy, the college will not record or share temperature check results.

Physical Distancing

- Keep at least 6 feet of space between yourself and others.
- Comply without argument if you are asked to step back.
- Refrain from hugging and shaking hands with others.
- Comply with the directives found on posted signage and floor decals (e.g., maximum number of occupants, one-way foot traffic, where to stand).
- Avoid congregating for extended periods of time with others in breakrooms, hallways and other areas.
- Eat and drink in designated areas only (Breakers Dining Hall, BUZZ café, or outdoors).

Health & Hygiene

- Wash hands for 20 seconds or longer with soap and warm water, using a clean towel or air drying.
- Apply hand sanitizer throughout the day, and especially after using the restroom or touching public surfaces such as vending machines, tables, stair rails, elevator buttons, doors or desks.
- Refrain from touching your face.
- When not wearing a mask while eating in designated areas, cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow.
- Immediately dispose of used tissues, napkins, disposable utensils, etc., in the appropriate receptacles.

Sanitizing & Disinfecting

- The college will sanitize high-touch surfaces throughout the day, and conduct individual room and area cleaning during closed hours.
- Students are responsible for cleaning and disinfecting shared surfaces they come in contact with.
 - Wipe down your desk and chair.
 - Wipe down any shared equipment or materials you expect to use.
 - Wipe down high-contact surfaces you've touched (e.g., vending machines, keyboards, keypads)
- Locate the disinfectant in the shared space and apply it following the provided directions.
- Dispose of the used material (e.g., paper towel, wipe) in the trash receptacle.

Reporting Violations

- These are challenging times, but we will get through them together. Be kind, support one another, respect enforcement efforts, and encourage others to follow safety expectations.
- Report violations to the Human Resources Department, the office of the Dean of Students, and/or Campus Police.
- Submit questions, concerns, and kudos related to COVID-19 via the feedback links found on the college's [COVID-19 webpage](#).

If You Exhibit Symptoms

- If you are exhibiting symptoms but not diagnosed with COVID-19, or if you have been in close contact* with someone diagnosed with COVID-19, you must remain at home until you are symptom and fever-free (without the use of fever-reducing medications) for 72 hours.
 - Notify Cathy Bush, Chief of Staff and Senior Vice President for Institutional Development and Effectiveness, at 440-525-7112 or cbush@lakelandcc.edu.
 - Notify your instructor/s of your absence.
 - *Per CDC guidelines: Close contact is defined as being within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the patient is isolated.

If You Are Diagnosed

- If you are diagnosed with COVID-19:
 - Notify Cathy Bush, Chief of Staff and Senior Vice President for Institutional Development and Effectiveness, at 440-525-7112 or cbush@lakelandcc.edu.
 - You must remain at home until you are fever-free (without the use of fever-reducing medications) for 72 hours and registered negative results on at least two consecutive lab tests of respiratory specimens administered and reviewed by a healthcare provider.

Student Code of Personal Responsibility

- Creating a safe environment requires the cooperation of everyone on campus.
- All students who come on campus must review and acknowledge a **Student Code of Personal Responsibility - COVID-19 Pandemic** before the start of classes.
- This is important because compliance with these requirements for being on campus is enforced by the Student Code of Conduct.
- To view and acknowledge the **Student Code of Personal Responsibility - COVID-19 Pandemic**, log in to myLakeland and you'll see a pop-up message box. Once you select "Acknowledge," it will remain in your myLakeland messages for future reference.
- If you need assistance logging in, contact the Help Desk at 440.525.7570 (24 hours) or lcchelpdesk@lakelandcc.edu.

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- For other safety measures, please see “[Here's How We're Keeping You Safe](#)” and more guidance and resources on the college’s [COVID and Fall Semester Planning](#) web page.
- Our ability to continue in-person classes and other on-campus activities largely depends on how well we protect each other by knowing, following and encouraging each other to follow the college’s health and safety measures.
- Thank you for your cooperation. We look forward to seeing you on campus!

