



**Career Technical Education**

**Bilateral Credit Application FY 2024  
Exercise Science - Lake Shore Compact**

**FOR OFFICE USE ONLY**  
 LID: \_\_\_\_\_  
 Approved Credits: \_\_\_\_\_

**STUDENT:** Complete the "STUDENT" portion of this agreement.

- \_\_\_ 1. Apply to Lakeland Community College as a CTE student. - [LINK](#) Once you are accepted in to Lakeland, you will receive an email with **Lakeland ID (LID)** and instructions on how to get to your myLakeland account. **(Keep this for future use!)** Enrolled CCP students do not have to reapply to Lakeland.
- \_\_\_ 2. Ensure that the Lakeland Community College's Admissions Office has a copy of your final, official high school transcript. This transcript **MUST** be sent directly by your high school to **transcripts@lakelandcc.edu**.
- \_\_\_ 3. Take a picture or make a copy of this agreement for your records and forward it to your high school college Tech Prep/CTE instructor by **June 1<sup>st</sup>**.
- \_\_\_ 4. Questions? Visit: <https://lakelandcc.edu/web/about/career-technical-education> or Email: Lucy Ott at **CTE@lakelandcc.edu**

**NOTE:** It is the student's responsibility to ensure that all required documents are on file at Lakeland. **Bilateral agreements must be submitted directly by the school to the Tech Prep/CTE Office. Agreements turned in by the student will NOT be accepted.**

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Last Name:	First Name:
Home High School:	High School Graduation Year:
<b>Lakeland ID # (LID):</b>	Preferred E-mail Address for Credit Notification ( <b>print clearly</b> ):
Student Cell:	
I would like my Career Technical Credit Transfer (CTAG) credit and Bilateral Agreement credit posted at Lakeland CC. Yes ___ No ___	
Student Signature:	Date:

**INSTRUCTOR:** Initial next to the course(s) you recommend this student be given credit for. Students must earn at least a 2.75 GPA in the Tech Prep/CTE program to be eligible for credit. **(NOTE: Credits will be verified by official HS transcript.)**

Instructor's Initial	Lakeland Course #	Lakeland Course Title	Credit Hours
	<a href="#">HLTH 1100</a>	Introduction to U.S. Health Care System*	2
	<a href="#">PEHR 1600</a>	Exercise Physiology 1	2
	<a href="#">PEHR 1750</a>	Personal Health	3
	<a href="#">HLTH 1310 or</a> <a href="#">HLTH 1300</a>	Nutrition & Diet Therapy OR Nutrition and Family Health (Pick one)	2

\*In addition to earning 2.75 GPA in the program, Lakeland's Health Technologies requires a minimum 2.0 for each course to earn college credit.

Instructor's Signature: \_\_\_\_\_ Instructor's Printed Name: \_\_\_\_\_  
 Date: \_\_\_\_\_ Instructor's Email: \_\_\_\_\_

**Submit to:** Lucy Ott, CTE Coordinator at Lakeland Community College, 7700 Clocktower Drive, Kirtland, OH 44094

**TECH PREP/CTE OFFICE VERIFICATION:**

Office Use	R	Checklist
	1	Bilateral Agreement Submitted by CTE Instructor (this form)
	2	Completed HS Tech Prep/CTE Program
	3	Official HS Transcript Submitted to Lakeland Community College
	4	Earned 2.75 GPA or higher in College Tech Prep/CTE Program
	5	Applied to Lakeland (during HS graduation year) – LID

Credits Approved: \_\_\_\_\_ Credit Denied: \_\_\_\_\_ Reason for Denial: \_\_\_\_\_  
 Tech Prep/CTE Official Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**OTHER PROGRAM INFORMATION:**

<b>CTAG/ODE Courses Taught</b>	<b>CTAG</b>	<b>Course Code</b>	<b>Notes</b>
Exercise and Athletic Training	3	072000	
Nutrition and Wellness	0	072015	NO Web Exam/NO CTAG
Fitness Evaluation and Assessment	3	072020	
Medical Terminology	3	072150	HLTH 1215

<b>Industry Recognized Credentials - <a href="#">LINK</a></b>	<b>Points</b>
OSHA – (10 hour) – CJ02	1
CPR w/AED – CB62	1
Ohio State Occupational Therapy, Physical Therapy, and Athletic Trainers Board - Physical Therapist Assistant (PTA) License – CJ43	12
American College of Sports Medicine (ACSM) - Certified Personal Trainer – CJ54	3

**Notes:**

Health Science CTE Curriculum - ODE <a href="#">LINK</a>
Course Description: all Courses in the Exercise Science Pathway <a href="#">LINK</a>
<b>Nutrition and Wellness Subject Code: 072015</b> Students will increase their knowledge of comprehensive health and wellness. Students will be able to identify the components of fitness and communicate the relationship between physical fitness, physical performance, injury prevention, and nutritional intake. Students will evaluate an individual’s state of nutrition based upon the impact of personal choices and social, scientific, psychological, and environmental influences. Further, students will calculate an individual’s kilocalorie burn rate and recommend an ideal diet and physical fitness plan.
<b>Student can pick either HLTH 1310 Nutrition and Diet Therapy 2 Credits OR HLTH 1300 Nutrition and Family Health 2 credits</b>
Pending CTAGs will be removed from Bilateral Agreement if approved.

**Special Notes:**

-Students who successfully complete a CTE Program and meet the requirements listed in Column R 1-5 on page 1 will receive college credit listed in the INSTRUCTOR section of the Bilateral Credit Agreement. For specific programming options, please visit [www.lakelandcc.edu](http://www.lakelandcc.edu) and click on Academics / Degrees & Certificates.

-CTAG credit is awarded based on a student’s performance on WebXam/End-of-Course Assessments that are offered through the CTE Program. Bilateral credit cannot be awarded if there is CTAG credit available through the WebXam/End-of-Course Assessment.

-College courses are being reviewed and updated on a regular basis. Visit: <https://catalog.lakelandcc.edu/> for the most updated version of the Course Catalog. Credit is only guaranteed if the course is listed in the Course Catalog, the student attends Lakeland and remains on the same career path.

-Note that accumulation of bilateral credit may impact federal financial aid. Check with your college or university for more information.

**LAKELAND COMMUNITY COLLEGE CAREER TECHNICAL EDUCATION APPLICATION APPROVAL FORM**

**\*\*OFFICIAL SIGNATURES ARE ON FILE IN THE CTE OFFICE AT LAKELAND COMMUNITY COLLEGE.**

**Exercise Science - Lake Shore Compact**

\_\_\_\_\_  
Instructor – Sarah Keller

Date \_\_\_\_\_

**Lakeland Community College**

\_\_\_\_\_  
Lucy Ott, CTE/Tech Prep Coordinator

Date \_\_\_\_\_

\_\_\_\_\_  
Connie Bowler, Program Director of Nursing

Date \_\_\_\_\_

\_\_\_\_\_  
Michelle Dragas, Department Chair of Health Technologies

Date \_\_\_\_\_

\_\_\_\_\_  
Regina Prosser, Dean for Health Technologies

Date \_\_\_\_\_

\_\_\_\_\_  
Erin Shufro, Associate Provost of Faculty Engagement and Dean of Faculty

Date \_\_\_\_\_

\_\_\_\_\_  
Laura C. Barnard, J.D. Executive Vice President and Provost

Date \_\_\_\_\_

After signing this document, please forward it to Lucy Ott, CTE/Tech Prep Coordinator – A-1043D, [lott1@lakelandcc.edu](mailto:lott1@lakelandcc.edu).

## SUGGESTED SEQUENCE

Career Technical Education Program: **Exercise Science**  
 Lakeland Community College: **Health Technologies**

Course Subject Title	Credit Hours	Type of Credit – AP, CCP, CTE Bilateral, CTAG
<a href="#">Physical Therapist Assistant</a> - 9365		
<a href="#">Occupation Therapist Assistant</a> - 9355		
<a href="#">Personal Trainer Certificate</a> - 0201		
<a href="#">Health and Wellness Certificate</a> - 3252		
<a href="#">Health Coach Certificate</a> - 3300		
<a href="#">Multi-Skilled Health Technology</a> (9325)		